

FRONTLINE and PEOPLE FIRST (Havering) working together in BULGARIA!

Mike Le Surf and James Hamilton, representing People First, will be joining forces with Frontline for their next visit to Bulgaria on October 20th

Mike and James will co-present **'Moving Towards Self-Advocacy'**.

This course features a video that promotes and celebrates the advocacy and inclusion work carried out in 2006 by friends from Havering, Brentwood and Bulgaria, working together to show self-advocacy in action. They will help Bulgarian care staff and students explore how to offer the best support possible, to enable people to live the lives they want to.



Geoffrey Mapleson
Geoffrey sadly passed away last month. He will be greatly missed.

Here are a few fond words from people who knew him.

Adrian—I miss Geoffrey very much. I have very happy memories of going on holiday to Brighton with him. He was a loving and caring friend.

Colin—I was very sad when Geoffrey passed away. I bought some red roses for his funeral as I know Geoffrey loved flowers. I miss Geoffrey at Claret House. I hope he rests in peace.

Ian—I'm very sorry about Geoffrey and so is everybody else at Claret House. I am so happy that Geoffrey isn't in any more pain. I am sorry that he isn't living in Claret House any more.

Countryside Walks

We meet at Sawyers Church at 1:45pm or Ingatestone Community Centre at 2:00pm. Walks last for up to 2 hours and usually finish at a cafe or pub for a well-earned drink!

This may sometimes vary, so please check with us.

Footwear as recommended by Vanessa!!



Frontline and the Work Experience Student!!

Vanessa Devine joined Frontline recently to complete her work experience and this is what she had to say....

From the 14th of September to the 25th of September, I did my work experience at frontline. I met so many different people and it was brilliant. All the staff were so friendly and made me feel really welcome. While I was at Frontline it was so much fun. There were different things to do around the clock. I now realise that work can be fun rather than boring when you work with such amazing people.
Thanks Frontline :)



Windsor Castle

In August as part of 'Bridge the Gap', Mel, Adam, Jo and Krish went to Windsor Castle. Everyone had a great time and Adam has written an account of his day...

A small group of us went to Windsor. I really enjoyed the Castle and was interested in the weapon display. It was great to see the Changing of the Guard. I liked the marching and the Military Band. After we went to a proper army barracks.

And chatted to the soldiers who were from the Irish Guard. We had a burger lunch in the pub and also had a hot chocolate in Starbucks before we came home. It was a good day out, one of my most memorable!

Bridge the Gap

- Are you aged between 20 and 30?
- Do you enjoy meeting people in a social environment?

If you have answered yes to the questions above then why not come along to 'Bridge the Gap'?

A list of dates and venues will be listed in November's 'Community Works'

If you would like further information please contact Jo—
Tel 01277 233889

If you have any news that you would like us to feature on this page, please feel free to email us at...

Frontlinepartnership@tiscali.co.uk



THE SON SHINE CLUB

FOR ADULTS WITH SPECIAL NEEDS

AT DANBURY MISSION,
MALDON ROAD, DANBURY,
nr CHELMSFORD, ESSEX
CM3 4QL

WEDNESDAYS 7PM TILL 9PM

For more information
phone 07982 573991



Come and enjoy each other's company!

A theatre based musical and sensory experience; using lighting, musical instruments, and dance. Designed specifically for people with high support needs.

*To be held at Brentwood Theatre
Shenfield Road, Brentwood, on a
Wednesday morning.*

*Fee will be £8.00 per session, payable
in advance for each term.*

People will need support for this session.

*Please contact Barbara Roach for more
details Tel: 01277 226978*



**Tuesday Club dates for
October 2009**

6th October 2009
Tuesday Club at Sawyers
Church + Library visit

13th October 2009
Tuesday Club at Sawyers
Church

20th October 2009
Tuesday Club at Sawyers
Church

27th October 2009
'ON THE TOWN'
To include trampolining (you
must give your name to Jo or
David if you would like to tram-
poline) or a visit to The Arti-
choke Pub

If you require any further in-
formation regarding the above
please contact the Tuesday Club
team on
01277 233889



Knights Way Centre

We would like to invite you to
Crown Café's new venture-
A drop in café at the
Knights Way Centre.
Knights Way, Brentwood.

Why not join friends for a drink
and a
Slice of delicious home-made cake.

2.00pm until 4.00pm
on Thursday
8th & 22nd October
3rd & 19th November
3rd & 17th December

For more details please contact Jo
on 01277 233889



phoenix98fm presents **HEAVY LOAD**

@ the Brentwood THEATRE

Sunday 15th November 2009

HEAVY LOAD HEAVY LOAD HEAVY LOAD HEAVY LOAD

BOOK NOW!

PUNK BAND "Heavy Load" MOVIE AND LIVE GIG AT
Brentwood Theatre from 7pm



Tickets available from
www.phoenixfm.com

"I love what you do" - Kylie
"Heavy Load were great" - Jo Whitley
"A triumph of disfunctionality" - Wreckless Eric
"Whatever it is, they're good!" - Mike Le-Surf

MOVIE AND GIG only £10
Selling fast so get a move on!
Hear "Heavy Load" on "Centre ground"
Thursdays at 10pm on Phoenix98fm

Frontline presents

STARBURST

A JOURNEY TO THE STARS

A NIGHT OF CLUB MUSIC FOR THOSE
WITH AND WITHOUT A DISABILITY

The next Starburst will be held at Ashwells Country Club on the
12th of November 2009.
Tickets on sale soon—available from The Frontline Office—Tel No
233889